

Name:

Date

Dr Dave's Offshore medical Course - Test:

**Complete prior to the course and
bring your answers to the course!**

**You will sit the same test at the conclusion of
the course**

**Don't worry if you find it difficult - All
of the answers to these questions will
be covered in the course material**

1. What is the first thing to do during a medical emergency?
2. In a Medical Emergency – would you sail downwind to keep the boat flat – even in a race?
3. What are the priorities in Major Trauma?
4. If the airway is obstructed what would you do?
5. If the person is NOT breathing but has a pulse what would you do?

6. What is the ratio of chest compressions to breaths in CPR for an adult?
7. If a crewmember is stung by a bee and develops a severe allergic reaction which drug is life saving? (Hint – is in the new YNZ Medical kit)
8. How much would you give?
9. How would you give it?
10. In a severe burn – what are the first things to do?
11. In a severe burn what are the main things to treat?
12. In your assessment of a severe fracture what must you also check?
13. If no pulse is present below the fracture what must you do?
14. Which drugs could you give to help relocate a fracture or dislocation?
(Hint – in the new YNZ Offshore Kit)

15. If the fracture is an open one and there is an ARTERIAL bleed what would you do? (Hint – look at course notes with the new YNZ Medical kit)

16. What can you do to reduce pain in a fracture?

17. In hand fractures should you immobilize the hand for a number of days into a closed fist position?

18. If a burn is **NOT** painful – does this mean it is not serious?

19. What are the symptoms of a heart attack?

20. Which drug would you give first if you suspect a heart attack?

21. Would you let the patient climb the ladder to get onto wharf after a heart attack?

22. What are the signs of appendicitis?

32. What is “Battles sign” (in Head Injuries)

33. How would you manage a crew member seizing on the foredeck?

34. What are the signs of a pneumothorax (punctured lung)?

35. Should you suture a “Coral cut” or dirty wound closed?

To pass the course a score of 30/35 is required in test at CONCLUSION of course

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